

National support

When a child is facing bereavement, or when a baby or child of any age dies or is dying, lives can be shattered.

Child Bereavement UK has been supporting bereaved families for 20 years and our bereavement support team is here to offer you information, guidance and support. We will be there for you for as long as you need us.

If you are bereaved, caring for, or concerned about a bereaved child, and are looking for information or guidance, our bereavement support team is here to take your call and respond to emails 9am-5pm Monday-Friday.

“I called Child Bereavement UK. Immediately we had the lifeline to make survival possible.”

Bereaved mother, after the death of her twins

We provide:

-  A confidential listening service
-  Guidance and information on a wide range of topics and issues
-  Details about the direct support Child Bereavement UK can offer
-  Signposting to other organisations which can offer further support specific to your needs

Support and Information line: **0800 02 888 40**
Email: **support@childbereavementuk.org**

Website

On our website you can find information on a breadth of issues relating to child bereavement.

You will also find books and articles that may be useful, a searchable database of helpful organisations and details about the support we offer.

The website includes a Family Forum, a place to share experiences and feelings, where you can make contact with other bereaved families.

“I have been too emotional to speak at any great length to anyone yet, and this forum has helped me through the darkest days of my life.” Family Forum User

www.childbereavementuk.org

Supporting schools

Professionals in schools have a unique role in helping grieving children and young people, as children spend a significant amount of time in school. We can offer support and training to school staff supporting bereaved students.



Support in Cheshire

Child Bereavement UK, at our Centre in Runcorn, offers free support and information to bereaved children, young people (aged 0-25) and their families within our locality and surrounding areas.

“Nothing was going to fill the huge hole in their lives, but they understood they were not alone, and so did I. I always left those meetings feeling better than when I went into them.” Bereaved father who had support with his children, age 10 and 7

Please get in touch to find out more about what we offer and to discuss your needs.

At our Centre in Runcorn we can offer:

Face to face support sessions

For children, young people and their families, either as a family group or individually

Family groups

These groups allow bereaved families to get together. Children aged 4 to 12 can meet other bereaved children with their adult carers and express their feelings through play and creative activities in facilitated groups.

Group sessions for young people

This group encourages young people aged 11 – 25 to meet up and work together in a supportive environment on creative projects about what they think, in their experience, helps young people who are grieving.

“You have helped me and mum LOADS because we don’t fight as much as we used to and we can talk about dad so much easier.” Bereaved girl, aged 11

Telephone support sessions

If your baby or child has died, we can provide a series of confidential booked telephone support sessions with a qualified counsellor for you as an individual, or as a couple. Please call us to find out how we can meet your needs.

Telephone: **0800 02 888 40**

Email: support@childbereavementuk.org

“Child Bereavement UK made us believe that there is light not just at the end of the tunnel, but in the middle of it.” Bereaved father

Enquiries

Enquiries are welcome from families or other agencies and professionals. However, requests for direct support can only be made by families or young people themselves.

Barry Lyonette, Support Service Lead
barry.lyonette@childbereavementuk.org

Leanne Jones, Senior Bereavement Support Worker
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“Meeting other parents who are also going through the devastating loss of a child has shown us that some of the difficult emotions that we feel are ‘normal’ and it has helped us enormously to know that we are not alone.”

Bereaved parent

Contact us

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Runcorn
Cheshire WA7 1QS

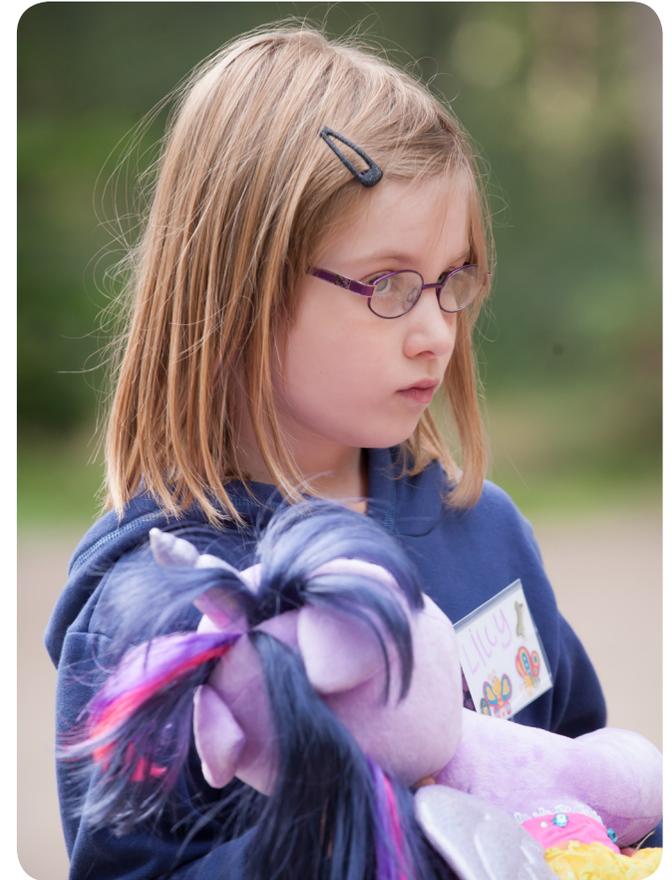
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Lilly, age 6

Bereavement Support in Cheshire

Child Bereavement UK
REBUILDING LIVES TOGETHER